

ST. GABRIEL CHURCH

2559 40TH AVENUE, SAN FRANCISCO, CA 94116
Phone: 415-731-6161 Fax: 415-731-1270 www.sgparish.org



Office Hours:
Mon-Thurs 9am-5pm
Fri-Sat 9am-12pm
Closed Daily for Lunch
from 12-1pm

Pastoral Staff: Rev. Ian Quito, Pastor; Rev. Mr. John Hurst, Deacon; Mrs. Gina Beal, School Principal

In Residence: Rev. Paul Zirimenya

Religious Education Coordinator: Diane Lawrence

OCIA Coordinator: Rev. Mr. John Hurst, Deacon

Confirmation Coordinator: Edgar Estonina

Altar Serving Coordinator: Cherrymae Jumoc
Parish Center Support Staff: Mrs. Cheryl Bailey, Bookkeeper; Mrs. Marie Dimapasoc-Arima, Payroll; Ms. Luana Letele, Secretary.

Liturgical Support: Mr. Rob Grant, Music Minister; Rev. Mr. John Hurst, Music Minister; Mr. David Lorentz, Music Minister; Ms. Kristine Sinajon, Music Minister; Mr. Mark Davis, Music Minister; Mrs. Nancy Porter, Wedding Rehearsal Coordinator.

MASS SCHEDULE

Weekend

Saturday—5pm (Vigil Mass)
Sunday—8am, 10am & 5:30pm

Weekday

Mon, Tues, Thurs, Fri—8:30am

RECONCILIATION

Every Friday from 7:30am-8:30am and every first Saturday at 3:30pm in the Church with individual confession and absolution

For information on Baptism, Marriage, Sunday School, Anointing of the Sick, Order of Christian Initiation of Adults (OCIA) or Confirmation, please call the Parish Center.

EUCCHARISTIC EXPOSITION & BENEDICTION

Every first Friday of the month after the 8:30am Mass until 9:30am.

Holy Hour with Exposition of the Blessed Sacrament is observed before our daily Masses. Everyone is welcome to pray with us.

OUR MISSION

As a worshipping, believing, and caring community, St. Gabriel Parish participates in the mission of Jesus Christ, remembered most intensely at Sunday Assembly through proclamation of The Word and the sharing of the Eucharistic Meal. This Community, so nourished, lives its faith in prayer, education and outreach.

February 1, 2026
Fourth Sunday in Ordinary Time

Today's Readings: Zep 2:3 – 3: 12-13; Ps 146: 6-10; 1 Cor 1: 26-31; Mt 5: 1-12a



Fra Angelico, Sermon on the Mount 1437-1445

The Gospel Reading for today is what is popularly called the Sermon on the Mount. Many think it is the absolute epitome of Jesus' teachings. To be sure it tells us how we are to live our lives, the attitudes we are to have. We must remember that those who were waiting and hoping for the Messiah expected a military leader, one who would lead them in battle against their oppressors.

In His Sermon on the Mount Jesus gives a more accurate perspective of

Who He is. He begins what we call the Beatitudes (the word means "blessings") with "Blessed are the poor in spirit, for theirs is the kingdom of heaven." In a sense we are all "poor in spirit." Without the guidance and strength provided us by the Lord there is no way we can escape this poverty of spirit, of spirituality, if you will.

That is why we often say that living God-centered lives is at the very core of stewardship. Being a disciple of Christ translates into being a steward of our many gifts and blessings. Some scholars believe that Jesus may have given this sermon often during His ministry. Those who followed Jesus and became the earliest Christians, the first members of the Church, were fond of quoting and referring to what the Lord said on this occasion. As stated, Jesus provides us with the secret of living a good life. If we rely on Him and follow Him, we will be blessed.

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BLESSED ARE WE

Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you. (Matthew 5:11-12)

Question of the Week:

Adults: When you heard the Beatitudes announced today, which one struck you the most strongly?

Kids: Who is welcome in the reign of God? Who would you like to tell about the reign of God?

MASS INTENTIONS
FEBRUARY 2 - 8, 2026

Mon.	8:30 am	William "Bill" Simms
Tues.	8:30 am	Carole Montaldo
Wed.	8:30 am	No Service
Thurs.	8:30 am	Bernard Shanley
Fri.	8:30 am	Julia Valdez
Sat.	5:00 pm	Frank & Mary Palaci
Sun.	8:00 am	Collective Mass
	10:00 am	The Porter & Becker Families
	5:30 pm	For the Parishioners

PRAYERS FOR THE SICK

In the coming week we ask for your prayers for the following: Joan Aragone, Oscar Collaco, Denise Foley, Virginia Fox, Debbie Gaffney, Lottie Gonzales, Emo Lieu, Fr. Ray Reyes and especially for Anette Liu.

WEEKLY OFFERTORY

Week of January 24-25, 2026: \$6,543
Thank you for supporting St. Gabriel Church!

GIVE ONLINE AT:
www.sgparish.org

Click the "Donate" tab on the upper right corner of the homepage to get started...OR just click on the QR code!



SVDP SANDWICH
SUNDAY TODAY!

Your St. Vincent de Paul Conference will be collecting sandwiches at the Saturday 5:00 PM and Sunday 8:00 AM and 10:00 AM Masses for the weekend of **January 31 - February 1**. We also accept monetary donations. Sandwiches will be taken after the 10:00 AM Mass to the Multi Service Center. Thank you as always for your kind consideration and contribution.

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BLESSING OF THROATS

On **Tuesday, February 3rd**, the Church celebrates the Blessing of Throats in honor of the Feast Day of St. Blaise. This traditional blessing asks for God's protection against illness of the throat and all other ailments. All are invited to receive this simple yet powerful sign of God's care after the 8:30 AM Mass.

SODALITY DAY
OF REFLECTION

The Ladies Sodality will hold their Annual Day of Reflection on **Thursday, February 12th**. Join us for Mass at 8:30 AM in the church and then on to the Parish Center. Speakers will be Diane Lawrence and Janice Percy. All ladies are invited to bring a few books to share, exchange and/or donate. Lunch will be served at 12:00 noon.



MEMORIAL MASS AT HOLY CROSS

Join Holy Cross Cemetery for their monthly First Saturday Mass at 11:00 AM on **Saturday, February 7, 2026**, in All Saints Mausoleum Chapel (1500 Mission Road, Colma). The Mass will be offered for all those interred in our Catholic Cemeteries. Our own Fr. Ian will be the celebrant, along with Dcn. John Hurst and Edgar Estonina serving; Diane Hurst will lector; and Kristine Sinajon and Mark Davis will be the musicians. Please join us!

FATHER/DAUGHTER DANCE

The Father/Daughter Dance will be on **Saturday, February 21st** in Bedford Hall from 6:00 PM - 9:00 PM. It's an 80's theme! Tickets are \$60 for Men's Club members and \$75 for non-members. Scan the QR code for tickets or go to our website at www.sgparish.org in the "Announcement" section.



Members: \$60

Non -Members: \$75

ST. PATRICK GATHERING



St. Gabriel will hold its Annual St. Patrick Gathering on **Saturday, February 28th at 6:00 PM** in Bedford Hall. Appetizers, no-host bar, and corned beef and cabbage dinner. Entertainment provided by Irish dancers, The Irish Pipers of San Francisco, and Christy O'Connell. Purchase tickets at the Parish Center for \$40 (\$45 after February 21st), scan the QR code, or go to our website at www.sgparish.org in the "Announcement" section.

JOIN THE LEGION OF MARY



Founded on September 7, 1921 in Dublin Ireland, the object of the Legion of Mary is the sanctification of its members through a life of prayer and apostolic action. Under the banner, guidance and protection of the Blessed Mother, the Legion of Mary works closely with the Church and her priests in leading and inspiring everyone to live a life of grace and holiness. Our ministry is one of evangelization that consists in seeking people at their homes, talking to those on the streets, visiting the sick, the elderly, and those in prison. In our own humble way, we bring forth hope, compassion and the love of Christ to them. ***We believe that the best and surest way to Jesus Christ is through the Blessed Virgin Mary.*** Members of the Legion of Mary San Francisco Senatus will be outside St. Gabriel Church after all the Masses on the weekend of **February 7th & 8th** to see if you might be interested in joining. If you won't be able to attend Mass, you may contact Ando Perlas 650-270-0455 or Epi Lardizabal 415-471-0714 for more information, or go to www.sfsenatus.com.