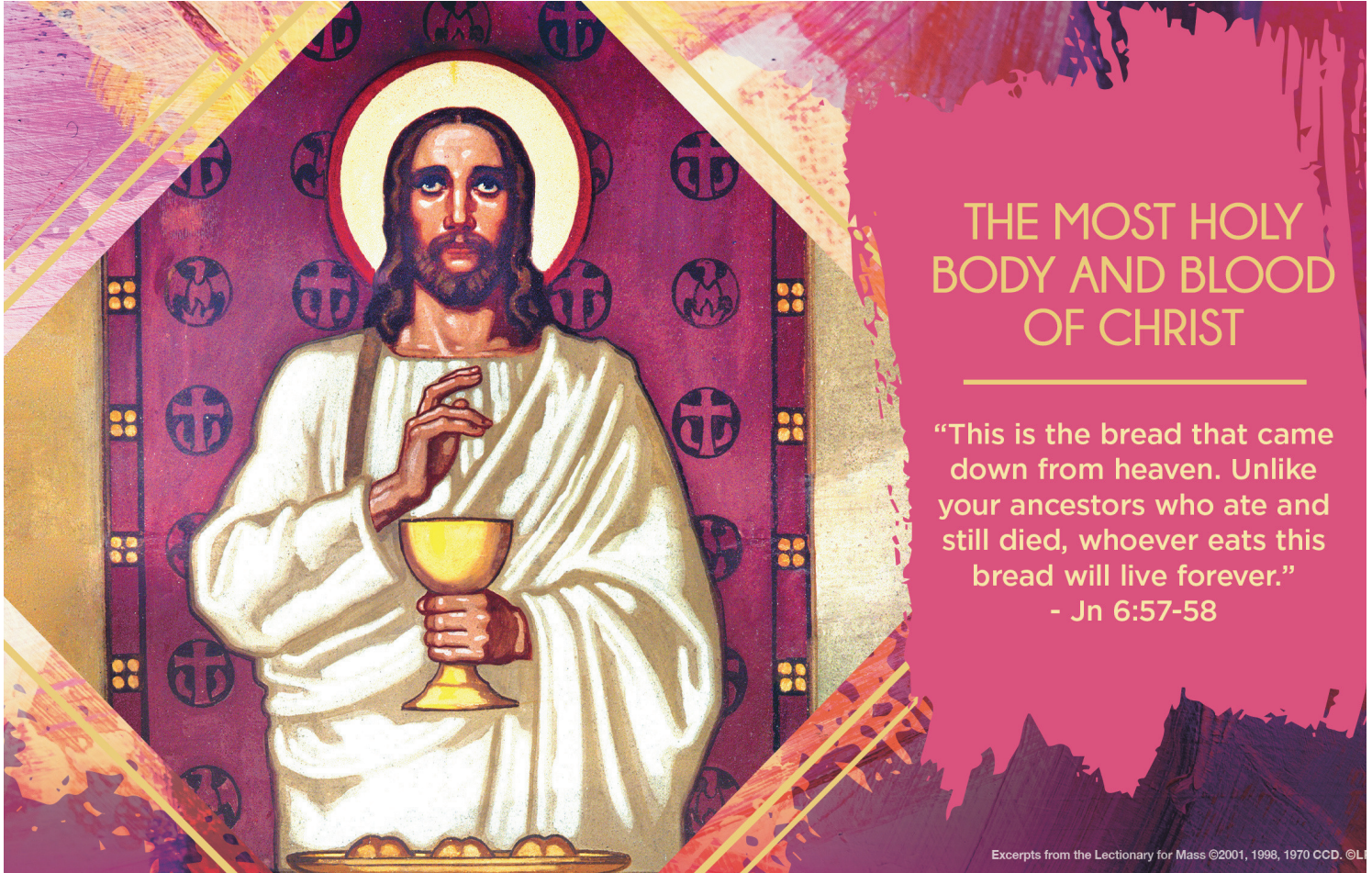


ST. GABRIEL CATHOLIC CHURCH



2559 40TH AVE, SAN FRANCISCO, CA



THE MOST HOLY BODY AND BLOOD OF CHRIST

“This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever.”
- Jn 6:57-58

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©L

**JUNE
07
2026**

Mass Schedule

Weekend Mass

Saturday Vigil Mass | 5:00 PM
Sunday | 8:00 AM, 10:00 AM & 5:30 PM

Weekday Mass

Mon, Tues, Thurs, Fri | 8:30 AM

Livestream

Join us live for the 10:00 AM Sunday Mass each weekend.

www.youtube.com/@stgabrielchurchsf

Online Giving

Thank you!



Our Mission

As a worshipping, believing, and caring community, St. Gabriel Parish participates in the mission of Jesus Christ, remembered most intensely at Sunday Assembly through proclamation of The Word and the sharing of the Eucharistic Meal. This community, so nourished, lives its faith in prayer, education and outreach.

2559 40th Ave San Francisco, CA 94116 • (415) 731-6161 • secretary@sgparish.org

Welcome!

St. Gabriel Catholic Church | San Francisco, CA

Parish Staff

Pastoral Staff

Rev. Ian Quito, Pastor
Rev. Mr. John Hurst, Deacon
Mrs. Gina Beal, School Principal

In Residence: Rev. Paul Zirimenya
Religious Education Coordinator:

Diane Lawrence

OCIA Coordinator:

Rev. Mr. John Hurst, Deacon

Confirmation Coordinator:

Edgar Estonina

Altar Serving Coordinator:

Cherrymae Jumoc

Parish Center Support Staff:

Cheryl Bailey, Bookkeeper

Marie Dimapasoc-Arima, Payroll

Luana Letele, Secretary

Liturgical Support:

Rob Grant, Music Minister; Rev. Mr. John Hurst, Music Minister; David Lorentz, Music Minister; Kristine Sinajon, Music Minister; Mark Davis, Music Minister; Nancy Porter, Wedding Rehearsal Coordinator.

Office Hours

Mon-Thurs | 9:00 AM-5:00 PM

Fri-Sat | 9:00AM-12:00 PM

Closed Daily for Lunch from 12:00-1:00 PM

Gospel Meditation

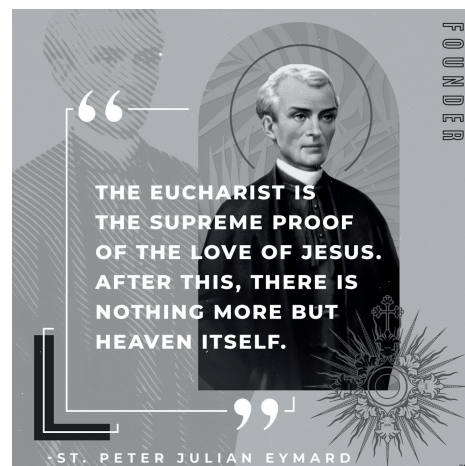
When I was a young altar server, I once overheard two very different comments about the Eucharist. One person asked, "Is Father distributing the bread or the wine?" Later, another asked, "Can you go get Jesus from the tabernacle?" Same parish, same Mass, but two very different ways of speaking. I pondered: So, is it bread that we pretend is Jesus? Or is Jesus a tiny white thing in a box? I was utterly confused.

This Feast of Corpus Christi is an excellent time to think about how we should speak about the Eucharist. In today's Gospel, Jesus declares: "My flesh is true food, and my blood is true drink." (John 6:55) His words scandalized his listeners, who feared cannibalism, and even today puzzle many, who reduce them to metaphor. Both miss the truth.

The Church gives us better words that honor Jesus' words in the Gospel. After the consecration, we do not call it "bread" or "wine." Nor do we say, "a piece of Jesus" or even "Jesus." We say: the Eucharist. We say: the Body and Blood of Christ. We say: the Real Presence. We say: the Most Blessed Sacrament. These words safeguard the astonishing reality that Christ himself is truly present, whole and entire, under the appearances of bread and wine.

If we speak well about the Eucharist, we will think more clearly and believe more deeply. And if we believe more deeply, we will adore more truly the One who gives himself to us — not bread, not wine, but Jesus Christ himself, whole and entire.

-Father John Muir



Eucharistic Exposition

Every first Friday of the month after the 8:30 am Mass until 9:30 am. Holy Hour with Exposition of the Blessed Sacrament is observed before our daily Masses. Everyone is welcome to pray with us.

Reconciliation

Every Friday from 7:30 am – 8:30 am and every First Saturday at 3:30 pm in the Church with individual confession and absolution

For information on Baptism, Marriage, Anointing of the Sick, Order of Christian Initiation of Adults or Sunday School, please call the Parish Office.

Readings for the Week

Sunday: Dt 8:2-3, 14b-16a/Ps 147:12-13, 14-15, 19-20/1 Cor 10:16-17/Jn 6:51-58

Monday: 1 Kgs 17:1-6/ Ps 121:1bc-2, 3-4, 5-6, 7-8/Mt 5:1-12

Tuesday: 1 Kgs 17:7-16/ Ps 4:2-3, 4-5, 7b-8/Mt 5:13-16

Wednesday: 1 Kgs 18:20-39/ Ps 16:1b-2ab, 4, 5ab and 8, 11/Mt 5:17-19

Thursday: Acts 11:21b-26; 13:1-3 (580)/Ps 65:10, 11, 12-13/Mt 5:20-26

Friday: Dt 7:6-11/Ps 103:1-2, 3-4, 6-7, 8, 10/1 Jn 4:7-16/Mt 11:25-30

Saturday: 1 Kgs 19:19-21/Ps 16:1b-2a and 5, 7-8, 9-10/Mt 5:33-37

Next Sunday: Ex 19:2-6a/Ps 100:1-2, 3, 5/Rom 5:6-11/Mt 9:36-10:8

Live the Liturgy Inspiration of the Week

The Starving Israelites found their physical salvation in manna, "a food unknown to your fathers." We find our spiritual salvation in the Body and Blood of Jesus Christ, a food unknown to too many souls. Blessed are we to partake of the Bread of Life.

Stewardship May 30-31, 2026

Offertory \$5,706
SVdP \$1,025
Thank you for your support!

Readings

First Reading

"Do not forget the LORD, you God, who brought you out of the land of Egypt, that place of slavery." (D8:14)

Psalm

Praise the Lord, Jerusalem. (Ps 147)
Or Alleluia

Second Reading

Because the loaf of bread is one, we, though many, are one body. (1 Cor 10:17)

Gospel

I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." (Jn 6:51)

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Mass Intentions

Monday, June 8

8:30 am | Jose Oropesa

Tuesday, June 9

8:30 am | Venancio Gonzaga

Wednesday, June 10

No Service

Thursday, June 11

8:30 am | Vilma Soares

Friday, June 12

8:30 am | Rosa Ah Phyu Yar

Saturday, June 13

5:00 pm | Rafael & Teresita

Labutan

Sunday, June 14

8:00 am | Julia & John Valdez,
Finbarr Scanlon, Joey Martin, Dan Feeney

10:00 am | The Young Ladies
Institute

5:30 pm | St. Gabriel Parishioners

Around the Parish

Hey! This is New!

You probably noticed things look different around here. We've officially moved to a new bulletin provider with a new layout and updated format. We're excited about the change, but we'll be the first to admit that it's still a work in progress as we get everything dialed in. Don't worry, we'll be tweaking things as we learn the new system. Most importantly, none of this would be possible without our sponsors. Their support will keep this bulletin going and we'd love for you to return the favor by turning the page, checking them out, and supporting the businesses that support this community. When you tell them, "We saw your ad in the bulletin", it truly means a lot - to them and to us!

Father's Day Spiritual Bouquet Cards

Don't forget Dads on Father's Day, Sunday, June 21st! Remember and honor a father or grandfather in your life - pick up a card in church. We will offer intentions for all your fathers during the entire month of June. The list of all fathers will be placed on the altar.

St. Vincent de Paul Sandwich Sunday

This weekend is SVdP Sandwich Sunday! Members will be collecting sandwiches for the hungry at the Saturday 5:00 PM Mass and the Sunday 8:00 AM and 10:00 AM Masses. The sandwiches will be taken to the Multi-Purpose Center downtown. Monetary donations are always most welcome. Thank you so much for your continued support!

Mass Intention Book

Our 2026 Mass Intention Book is completely full and there are no singular Masses available. We do however, celebrate a Collective Mass on most every Sunday at 8:00 AM. **What are Collective Mass Intentions?** Collective Mass intentions enable the faithful to combine their offerings for a celebration of a single Mass, as long as they have been previously informed and have freely consented to combining their intentions and offering with others. In accordance with Canon Law, only one stipend from the Collective Mass will go to the celebrating priest and no more than five names will be accepted. The names can be printed in the weekly bulletin only if they have been received two weeks before the scheduled Mass.

Prayers for the Sick

Please note that the names listed in this section have been cleared. Since we are not always informed of changes in circumstances, names will remain on the list for two months unless a request is made to keep them on longer. If you would like to add or renew a name, please contact the Parish Center.

AAA Corner

We need you! The 2026 Annual Appeal is our chance to join with Catholics throughout the Archdiocese and assist those who depend on us. **We are at 21% of our goal with 32 families out of our 1000+ registered parishioners contributing.** Thank you for your support! Envelopes are in the pews.

Goal: \$79,618
Gifts Recieved: \$16,910
Still needed: \$62,708



Baptism

May God's love guide and protect **Goa Giller**, who was recently baptized.



Prayers for the Sick

Emo Lieu, Denise Rouan



Rest in Peace

Linda Arrellano, Rolando Etchezaretta, Robert Boland, Nalongo Mugerwa Robinah